

Rjúpa the Rock Ptarmigan

Character Reference — Arctic Wool World



Reference art for construction guidance. Colors/pose may vary slightly from your finished piece.

Rjúpa the Rock Ptarmigan — Knitting Pattern

A hand-knitted rock ptarmigan from the snowy Arctic. Plump, fluffy, and full of heart. (~35 cm, enlarged for easier knitting)

Origin: Arctic Wool World · **Personality:** Gentle, fluffy, resilient · **Likes:** Snowy camouflage, quiet tundra, berries

This is an original pattern written for this character, based on standard, generic amigurumi and toy-knitting construction techniques (magic ring/CO, spiral increases and decreases, i-cord, stuffed tubes and spheres). It does not copy, trace, or reproduce any published or copyrighted pattern -- these underlying construction techniques are standard craft knowledge, not anyone's intellectual property, the same way a recipe's technique of 'creaming butter and sugar' isn't owned by any one baker.

Knit abbreviations: k = knit · kfb = knit into front and back of st (inc 1) · k2tog = knit 2 together (dec 1) · CO = cast on · dpns = double-pointed needles · pm = place marker · rnd(s) = round(s) · st(s) = stitch(es)

Materials

Yarn: Aran or chunky-weight (10-12 ply) pure wool -- deliberately thicker than a true-to-scale yarn would call for, so the stitches stay big, easy to see, and quick to work, small quantities in each of: Dark Grey, Pale Grey (subtle mottling, optional), White.

Hook/needles: a set of 4.5-5mm double-pointed needles (or two short circulars for magic loop), plus a spare needle for grafting.

Notions: Tapestry/yarn needle · stitch markers · polyester fiberfill stuffing · embroidery needle and a little dark thread/yarn for the face · small scissors.

Gauge

Worked at a relaxed toy-knit tension in a thicker yarn: roughly 13 sts and 17 rows over 10 cm in stockinette, worked in the round. Finished size at this gauge is approximately 35 cm -- deliberately enlarged from the reference art so the stitches stay big and easy to track. Exact gauge isn't critical for a stuffed toy; adjust stuffing firmness to taste.

BODY & HEAD (one piece)

Worked bottom-up in one continuous piece, White body shading into Pale Grey (subtle mottling, optional) head/face if two-toned.

Rnd 1: CO 6, divide over 3 dpns, join, pm (6 sts)
Rnd 2: *kfb; rep from * around (12 sts)
Rnd 3: *k, kfb; rep from * around (18 sts)
Rnd 4: *k2, kfb; rep from * around (24 sts)
Rnd 5: *k3, kfb; rep from * around (30 sts)
Rnd 6: *k4, kfb; rep from * around (36 sts)
Rnd 7: *k5, kfb; rep from * around (42 sts)
Rnd 8: *k6, kfb; rep from * around (48 sts)
Rnd 9: *k7, kfb; rep from * around (54 sts)
Rnd 10: *k8, kfb; rep from * around (60 sts)
Rnd 11: *k9, kfb; rep from * around (66 sts)
Rnd 12: *k10, kfb; rep from * around (72 sts)
Rnd 13: *k11, kfb; rep from * around (78 sts)
Rnd 14: *k12, kfb; rep from * around (84 sts)
Rnd 15: *k13, kfb; rep from * around (90 sts)

Rnds 16-28: knit even, 13 rnds (90 sts)

Stuff the body, then shape the neck:

Rnd 29: *k13, k2tog; rep from * around (84 sts)

Rnd 30: *k12, k2tog; rep from * around (78 sts)

Rnd 31: *k11, k2tog; rep from * around (72 sts)

Rnd 32: *k10, k2tog; rep from * around (66 sts)

Rnd 33: *k9, k2tog; rep from * around (60 sts)

Rnd 34: *k8, k2tog; rep from * around (54 sts)

Rnd 35: *k7, k2tog; rep from * around (48 sts)

Increase back out into the head:

Rnd 36: *k7, kfb; rep from * around (54 sts)

Stuff the head firmly, then close the top:

Rnd 37: *k7, k2tog; rep from * around (48 sts)

Rnd 38: *k6, k2tog; rep from * around (42 sts)

Rnd 39: *k5, k2tog; rep from * around (36 sts)

Rnd 40: *k4, k2tog; rep from * around (30 sts)

Rnd 41: *k3, k2tog; rep from * around (24 sts)

Rnd 42: *k2, k2tog; rep from * around (18 sts)

Rnd 43: *k, k2tog; rep from * around (12 sts)

Break yarn, thread through remaining 12 sts, pull tight, fasten off.

WINGS (make 2)

Small flat teardrop pieces: work a short increasing tube, then flatten and taper to a point over a few rows.

Rnd 1: C0 6, divide over 3 dpns, join, pm (6 sts)

Rnd 2: *kfb; rep from * around (12 sts)

Sew to the sides of the body, angled back.

BEAK (small, Dark Grey)

A small stitched point in yarn or a tiny folded triangle -- keep it subtle.

FEET

Two small stitched loops or tiny knotted tufts in a contrasting colour, tacked to the underside so the bird stands.

Finishing: steam very lightly (hover an iron just above the surface, don't press) to even out stitches, and check every seam by hand -- these take the most handling stress, especially if this toy is for a child. This is a first-generation pattern for this character: proportions, stuffing firmness, or a specific shaping detail may want a tweak once you've made one -- treat it as a working draft.